

OS Grid Reference	Description of location	Dist. from start	Description of route to next check point
SK 258 722	Nether End car park in Baslow – head south through Chatsworth Park. DE45 1SR .	0	Turn right out of the car park so that the Café on the Green is on your left, over the small road bridge, and then immediately turn right along the footpath signposted Chatsworth. Follow this path along and shortly round to the left, and then through a rotating gate (The Canon Kissing Gate). Continue along the lower path through the park. Through the park past the white lodge on your right until you get to the bridge – which is level with the main house up to your left.
SK 257 702	Road bridge in Chatsworth Park	1.4	Cross the bridge here so that the river now runs on your left, and immediately turn left cutting back onto the grass. Follow a vague track heading between the river on your left and the road on your right. About 600m ahead of you the path kisses the river once again where you will be able to make out the rising muddy brown bank. Head for this.
SK 257 695	Muddy bank meets river		At this brown muddy bank there is a path angling off to the right. Follow this – and keep to the right hand path from there on, until you come to the road again, about 500m later.
SK 258 687	Calton Lees – car park for garden centre. DE4 2NX	2.3	Follow the driveway with signs for car park and garden centre – (also Heritage Way). Pass the car park sprawled along on your right, continue along this road past the coach / bus bay on the right – do not veer round to the left to the garden centre. Note – more public toilets are around here. This road continues to wind around to the right towards some nice houses and a farm etc. Follow a footpath sign that will be to your left, headed to Rowsley, past farm & then over a stile and the footpath is signposted.
SK 258 681	Stile over stone wall	2.9	Continue along the footpath, muddy, with a stone wall on your left, and the woods up to your right. A little later over a stile, and then angle down to the left following a muddy track now. Carry along the broad muddy track for another 1km or so, and slowly the sides taper in so that the river is close to your left and the stone wall is close on your right. See the footpath heading over a stile to your right.
SK 260 667	Footpath to Rowsley		Follow this muddy path with the river on your left until you come to a railway bridge – continue underneath this and into Rowsley (Holme Farm opposite). The track joins a small road here.
SK 255 660	Rowsley DE4 2EA MARSHAL LOCATION	4.4	Turn right and you will see just 50m away or so a big house with 8 windows facing you. Head to this and then turn left down a narrow footpath, up somebody's driveway. (Opposite Holme Farm Cottage). Go along the footpath and cross through two sets of narrow stone stiles past a cottage on your left followed by a smelly farm also on your left. Continue onwards (so that the stone wall is now on your left) through and over several stiles until eventually you end up joining the A6 on your left.
SK 250 658	Step onto the A6 heading right (West) towards Bakewell	4.8	Follow the road now to the car park (1.5 miles) on the left for Haddon Hall. Ignore two roads that will come up on your left – one signposted to Youlgreave. Carry on for a half mile longer.
SK 233 661	Haddon Hall car park on left of road.	6	As you get to the car park , you will see a bus stop and then a sign for Haddon Hall. The footpath you want is between these with a gate that says “please shut the gate” (although it already is shut). Head up the hill, do not veer left – the stone wall is on your right, and then soon after, on your left. Keep going now with that wall on your left.

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SK 217 653	Path meets track to a farm	7.1	At the top of the hill is a big hay barn on your left – LOTS of mud and cow poo to your front. As you approach the gate you will see yellow and blue arrows. Do not follow the direction of Over Haddon, instead continue onwards on the bridleway leading to a gate in the trees 100m on. Through the gate – go down and along the footpath, zigzagging down to the river. Over the bridge and up the track about 78m until you come to a small gate/public footpath on your left. This small gate is right by a big metal gate and the footpath handrails a fence on your left. Take this all the way to the road in Alport. When you get to Alport, cross over the road (where the old phone box is with the AED) and continue along the path opposite, so that the river is still on your left. When you next come to the road follow this (Stoneyside) up the hill to the church. Once you're opposite the pub, do a right turn. Down hill about 100m to the scout hut – a newish building on your right just after the primary school and opposite the UK Petroleum Garage. Through a double set of metal gates, set back 10m from the road, single storey building with an angular roof. Enjoy some hot food and a brew here!
SK 213 643	Scout hut in Youlgreave DE45 1WN - MARSHAL LOCATION	8.7	Head out of here, turn left retracing your last footsteps, with a right turn just after the pub and then continue down, down, down the hill right to the very end, where you do a right turn, and then cross back over the river. Immediately then on your left you will see a signposted footpath, (and also a sign that says "no parking, emergency access only"). Take this path so that the river is on your left. Continue along this path until you come to a big white house with a Victorian street lamp in its back garden, and a foot bridge on the left. Turn right now zigzagging up the road towards Over Haddon.
SK 205 665	Over Haddon	11.1	Wind your way up the hill to another triangular lawn, and opposite Huntfold Cottage – do a left turn here. Past the car park on your left, up the hill and then a right turn where it says Monyash Rd. Then you come to a junction that says, Bakewell 2 miles – take this left turn. Continue along this road, and then about 100m after the Youlgreave turn (on your right) at the top of the hill, you will see a footpath signposted to your right. Take this down the hill, and then only about 5 m along turning right again through a stone-squeeze-stile and head diagonally left down the hill. 50m on is the next stile – carry on over that, gaining the lower ground. Continue down hill with the stone wall on your left until you come to the road once again at the bottom.
SK 213 673	Path meets, track meets road.	11.8	Leave footpath and turn left onto minor road, go up hill (farm up on the right with a 30mph sign and a sign that says "Bakewell please drive carefully"). After around 100m take the left turn that takes you along the front of Lady Manners School. At the far end of the school, just after the bus stop in front of it, turn right, down a footpath that has a white sign on it, and tennis courts along its left side. Continue all the way down, and it will bring you out onto a small residential road. A short walk in the same direction down this and meet a narrow path once again that takes you down some steps and onto the main road. Turn left, and then right and into the main town square of Bakewell. Bear right at the fork in the road past the Red Lion on your right, and head on to, and over the bridge.
SK 220 687	Road bridge in Bakewell	12.9	Cross over and turn right. Look out for a marshal here in the car park to your right. Continue walking along Coombs Road, until about a mile later you get to a big railway bridge.
SK 230 679	Join the Monsal Trail, Bakewell End , on your left	13.7	Take the left turn up the bank following signs for the Monsal Trail. Once you have gained the trail, turn left and enjoy. Ok, head along this now for about 3.5 miles. Before you leave the trail you will come to one last old railway station with its platform on your left. It was the station for Great Longstone. Also on your left you may see a sign for the Station House B&B.

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SK 193 712	Leave the Monsal Trail – if the trail takes you through a tunnel you've gone about 500m too far. Turn back.	17.1	As you leave the station area, you will pass underneath one more bridge, and then about 100m later 2 footpaths. One to your left for Ashford (ignore this) then a knee-high bench on your right and then take the next footpath (not a bridleway) on your right signposted Monsal Head via Little Longstone. Follow this with the wall on your left, through a gate less than 100m on. The wall now angles off left, you carry straight on. 100+m later, through another gate, grassy hill up to your right, you continue to the road directly ahead.
SK 191 717	Little Longstone DE45 1NN MARSHAL LOCATION	17.5	Look out for a marshal here. Through the gate, onto the road and do a right turn, and about half a mile later you come to a T junction.
SK 198 719	T – Junction	18	Left turn heading uphill for Longstone Edge up Moore Road. Follow this up, and then follow it round to the right and over a cattle grid as the gradient levels out. Walk along the road until it bends sharply to the left – keep on walking 50m. Look out for a marshal here.
SK 205 732	Top of hill with High Rake on your right.	19.2	Take a right turn here along a broad dirty light coloured track (High rake) looking out for the bridleway 50m on your left. Take this – making sure that the stone wall is on your RIGHT. About 300m down continue through gate with tree on the left. Fence on left and stone wall on right – down hill. Past a circular water trough on your right. As you come down to the bottom ignore the first track on the right, carry on down to a (dilapidated?) metal gate.
SK 207 742	Through gate – turn right onto the track through the valley (Coombs Dale)		Through the gate, take the right turn so that you quickly see a small pond on your left going along a flat track through a valley. About 100m later you'll go through another gate. Continue along this lane now for about 2 miles. At the end you'll come to the A623 where there will be a marshal parked just to the left of the track-head.
SK 236 751	MARSHAL LOCATION on A623	22.3	Turn right onto the A623 headed to Calver/Baslow. At the cross-roads in Calver (Eyre Arms opposite and left) – continue over and then along the A623 headed as if to Baslow.
SK 247 744	Bridge over river	22.7	Half a mile or so later come to a green with trees in it where you will pick up a footpath on your right signposted in blue “subway”. This is just past Calver Mill on your left – and before you cross the bridge over the river.
SK 247 732	Path meets Bubnell Lane	24	Continue along this footpath under the road so that you are hand-railing the river which is now on your left hand side. It is a clear and obvious path which will eventually bring you to an open field with the road just on the other side. When you get to this field, follow the path across it and onto Bubnell Lane.
SK 251 724	Bubnell Bridge, DE45 1RY	24.6	Turn left onto Bubnell Lane and follow this for a little more than half a mile when you will come to a road bridge over the river with some nice cottages opposite.
SK 258 722	Car park in Baslow – head south through Chatsworth Park	25	Turn left over this bridge and then turn right onto the main road so that the church is on your right. Continue along the road until you find yourself back at the car park where you started your day. Well done – you are finished!