

OS Grid Reference	Description of location	Dist. from start	Description of route to next check point
	<a href="#">King Edward VII Lower Sch. S10 5RG</a>	0	Crosspool - start of walk. Follow path up through the school fields up towards the Manchester Rd. Once on the Manchester Rd turn left and shortly you will come to Selborne Rd. Follow this to the top.
SK 312 868	Crossroads at Sandygate.	0.8	Continue up the road (Sandygate Rd) passing Direct Travel on your right, (DON'T walk down Watt Lane), direction: Lodgemoor. Walk along main road until you come to the Hallamshire Golf Course.
SK 305 865	<a href="#">Hallamshire Golf Club</a> house	1.2	Walk past the 40 mph sign on the right, and do a right turn down the footpath after the hedge. Leave the golf course 4 mins later through the wall on the right, turn left. 100m on and you come to a junction with a stream and path to your right, keep to the path and high ground to your left, with a wall on your left.
SK 296 867	Path junction, golf course still on your left.	2.0	Keep the wall, then railings on your left, continue along this path as you have been doing so. At this path junction do not turn left through the wall, but follow the path down to a stream crossing about 150m later. Scramble up the short muddy hill, along the path with the golf course on your left until you come to the road.
SK 291 865	Path crossing road – downhill to your right	2.3	Come to the road, and turn right, walk down 25m to a car park on the left, and follow the footpath on the left through this car park. As you come out the car park, take the upper track, a bit muddy, just below the rocks on the left.
SK 282 862	Path junction, the houses on the left end (yellow house), and grassy field to your left.		At this junction follow the path onwards with a field on your left and the woods down to your right. Shortly the path crosses the fence-line and continues along the edge of the field to a T junction at a stream. Turn right into Fox Hagg Nature Reserve. At a junction of paths, turn left following the sign to Wyming Brook, sticking to the footpath and keeping to the high ground.
	Path junction with a stone wall corner in front to your left	3.2	Continue onwards following the upper footpath keeping to the high ground. Follow this path keeping on the high ground until almost 1km later the path forks right towards the road surface that you can see below. Follow this, onto the road/track and to a car park.
SK 269 858	Car park	4.0	Where the car park meets the road, take a right turn. You will see a bridge to your left. Follow this road past the reservoirs on your left for almost two miles where the byway (wide track) begins. The forest (presently being cut down in 2016) should be on your right.
SK 247 844	The site of Stanage Pole	5.8	Follow the byway up to where Stanage Poll used to stand (now just a lone rock). Continue down the track about 300m down to a small waist height post marking access. Veer off left past some wooden fencing, and turn left at the stone wall to the edge.
SK 240 844	Stanage Edge	6.2	Follow the edge in a South Easterly direction, keeping the edge on your right and moorland on your left. As you continue along the edge, the ground rises to a small pillar (the trig point). Just before this is a track that goes off to the right – ignore this – continue instead round to the left, and then downhill to a car park you will see about half a mile ahead.
SK 260 830	<b><u>Car park before Burbage Edge – MARSHAL LOCATION</u></b>	7.9	<b>Look out for a marshal here.</b> As you reach the road, turn left, over the bridge, and then right turn over the stile. Follow the track that is to the right of and below the rocks.
SK 263 806	Toads Mouth car park	9.7	Come to the end of this track, through the gate, you will see a bus stop and opposite a gate. Go through the gate to enter the Longshaw Estate. Follow it around to the left until you reach the road.

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SK 265 800	<a href="#"><u>Driveway to Longshaw Lodge</u></a>	10	Cross the road and head along the driveway to (and past) the <a href="#"><u>Longshaw Lodge</u></a> about 100m down. <b>Toilets</b> and a café can be found at this lodge. From the lodge the footpath veers off to the right and through a small gate. Go through this gate and then through the gate OPPOSITE (not to the right) and continue along the higher track until you meet the road. <b>If you are heading down-hill from here, you've gone wrong – head back up to the gate and check your direction.</b>
SK 259 781	Gate at road	11.3	Meet the A625, head right, down and pass the <a href="#"><u>Grouse Inn</u></a> - look out for a marshal here. Continue along the road for about 500m, round the bend to the right, looking for a gate that will take you to the left onto the next track, to the top of Froggatt Edge (not the white gate to Stoke Flat Farm).
SK 254 777	Track leaving the road on the left heading over Froggatt Edge	11.9	Follow this track all the way to the end. As you continue along the edge, the track will split – with one path going left and the other leading you on and slightly up – stick to this. Continue to the road.
SK 261 748	<a href="#"><u>Curbar Gap</u></a> – path crosses the road at a car park onto Curbar Edge	14.1	At the end of the track, you will see the road ahead, with a car park to your left. Continue over the road to the next track. Stick to this main track to the left, by the wall. Head on so that you pass a pile of stones that look like bread cakes on your left. To the left now should be Wellington's Monument (a stone cross) follow the track down hill to your right.
SK 256 725	Triangular <a href="#"><u>lawn area</u></a> with green metallic benches	15.7	<b>Look out for a marshal here.</b> Come to a triangular lawn island with 2 green benches. (Spar about 50m over to your right). Follow the road (Eaton Hill) round and down the hill to the left by Sullane House. <b>DO NOT HEAD DOWN THE ROAD WITH THE SPAR ON IT.</b>
SK 258 722	Car park in Baslow – head south through Chatsworth Park	16.0	As you get to the bottom of the hill and into Baslow, you will see the Devonshire Arms to the left of a triangular lawn. Opposite is a car park where there's a <b>public toilet</b> . Walk past the Devonshire Arms on your left and then past the <a href="#"><u>Café on the Green</u></a> , over the small road bridge, and then immediately turn right along the footpath signposted Chatsworth. Follow this path along and shortly round to the left, and then through a rotating gate (The Canon Kissing Gate). Continue along the lower path through the park. Through the park past the white lodge on your right until you get to the bridge – which is level with the main house up to your left.
SK 257 702	Road bridge in Chatsworth Park	17.4	Cross the bridge here so that the river now runs on your left, and immediately turn left cutting back onto the grass. Follow a vague track heading between the river on your left and the road on your right. About 600m ahead of you the path kisses the river once again where you will be able to make out the rising muddy brown bank. Head for this.
SK 257 695	Muddy bank meets river		At this brown muddy bank there is a path angling off to the right. Follow this – and keep to the right hand path from there on, until you come to the road again, about 500m later.
SK 258 687	<a href="#"><u>Calton Lees</u></a> – car park for garden centre. DE4 2NX	18.3	Follow the driveway with signs for car park and garden centre – (also Heritage Way). Pass the car park sprawled along on your right, continue along this road past the coach / bus bay on the right – do not veer round to the left to the garden centre. Note – more <b>public toilets</b> are around here. This road continues to wind around to the right towards some nice houses and a farm etc. Follow a footpath sign that will be to your left, headed to Rowsley, past farm (barking dogs?) & then over a stile and the footpath is signposted.

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SK 258 681	Stile over stone wall	18.9	Continue along the footpath, muddy, with a stone wall on your left, and the woods up to your right. A little later over a stile, and then angle down to the left following a muddy track now. Carry along the broad muddy track for another 1km or so, and slowly the sides taper in so that the river is close to your left and the stone wall is close on your right. See the footpath heading over a stile to your right.
SK 260 667	Footpath to Rowsley		Follow this muddy path with the river on your left until you come to a railway bridge – continue underneath this and into Rowsley (Holme Farm opposite). The track joins a small road here.
SK 255 660	<b>Rowsley DE4 2EA MARSHAL LOCATION</b>	20.4	Turn right and you will see just 50m away or so a big house with 8 windows facing you. Head to this and then turn left down a narrow footpath, up somebody's driveway. (Opposite Holme Farm Cottage). Go along the footpath and cross through two sets of narrow stone stiles past a cottage on your left followed by a smelly farm also on your left. Continue onwards (so that the stone wall is now on your left) through and over several stiles until eventually you end up joining the A6 on your left.
SK 250 658	Step onto the A6 heading right (West) towards Bakewell	20.8	Follow the road now to the car park (1.5 miles) on the left for Haddon Hall. Ignore two roads that will come up on your left – one signposted to Youlgreave. Carry on for a half mile longer.
SK 233 661	Haddon Hall car park on left of road.	22.0	As you get to the <a href="#">car park</a> , you will see a bus stop and then a sign for Haddon Hall. The footpath you want is between these with a gate that says “please shut the gate” (although it already is shut). Head up the hill, do not veer left – the stone wall is on your right, and then soon after, on your left.
SK 217 653	Path meets track to a farm	23.1	At the top of the hill is a big hay barn on your left – LOTS of mud and cow poo to your front. As you approach the gate you will see yellow and blue arrows. Do not follow the direction of Over Haddon, instead continue onwards on the bridleway leading to a gate in the trees 100m on. Through the gate – go down and along the footpath, zigzagging down to the river. Over this and up the track / road all the way to the top to the T junction. Do a left turn heading to the church with a tower. At the church, turn left and <b>pass</b> the pub on your left. Down hill about 100m to the scout hut – a newish building on your right just after the primary school, opposite the UK Petroleum Garage. Through a double set of metal gates, set back 10m from the road, single storey building with an angular roof.
SK 213 643	Scout hut in Youlgreave DE45 1WN	24.1	Head out of here, turn left retracing your last footsteps, with a right turn just after the pub and then continue down, down, down the hill right to the end, where you do a right turn, and then cross back over the river. <b>(25 miles is now done!)</b> Immediately then on your left you will see a signposted footpath, (and also a sign that says “no parking, emergency access only”). Take this path so that the river is on your left. Continue along this path until you come to a big white house with a Victorian street lamp in its back garden, and a foot bridge on the left. Turn right now zigzagging up the road towards Over Haddon.
SK 205 665	Over Haddon	26.5	Wind your way up the hill to another triangular lawn, and opposite Huntfold Cottage – do a left turn here. Past the car park on your left, up the hill and then a right turn where it says Monyash Rd. Then you come to a junction that says, Bakewell 2 miles – take this left turn. Continue along this road, and then about 100m after the Youlgreave turn (on your right) at the top of the hill, you will see a footpath signposted to your right. Take this down the hill, and then only about 5 m along turning right again through a stone squeeze stile and head diagonally left down the hill. 50m on is the next stile – carry on over that, gaining the lower ground. Continue down hill with the stone wall on your left until you come to the road once again at the bottom.

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SK 213 673	Path meets, track meets road.	27.2	Leave footpath and turn left onto minor road, go up hill (farm up on the right with a 30mph sign and a sign that says “Bakewell please drive carefully”). After around 100m take the left turn that takes you along the front of Lady Manners School. At the far end of the school, just after the bus stop in front of it, turn right, down a footpath that has a white sign on it, and tennis courts along its left side. Continue all the way down, and it will bring you out onto a small residential road. A short walk in the same direction down this and meet a narrow path once again that takes you down some steps and onto the main road. Turn left, and then right and into the main town square of Bakewell. Bear right at the fork in the road past the Red Lion on your right, and head on to, and over the bridge.
SK 220 687	Road bridge in Bakewell	28.3	Cross over and turn right. <b>Look out for a marshal here in the car park to your right.</b> Continue walking along Coombs Road, until about a mile later you get to a big railway bridge.
SK 230 679	Join the Monsal Trail on your left	29.1	Take the left turn up the bank following signs for the Monsal Trail. Once you have gained the trail, turn left and enjoy. Ok, head along this now for about 3.5 miles. Before you leave the trail you will come to one last old railway station with its platform on your left. It was the station for Great Longstone. Also on your left you may see a sign for the Station House B&B.
SK 193 712	Leave the Monsal Trail – <b>if the trail takes you through a tunnel you’ve gone about 500m too far. Turn back.</b>	32.5	As you leave the station area, you will pass underneath one more bridge, and then about 100m later 2 footpaths. One to your left for Ashford (ignore this) then a knee-high bench on your right and then take <a href="#">the next footpath</a> (not a bridleway) on your right signposted Monsal Head via Little Longstone. Follow this with the wall on your left, through a gate less than 100m on. The wall now angles off left, you carry straight on. 100+m later, through another gate, grassy hill up to your right, you continue to the road directly ahead.
SK 191 717	Little Longstone DE45 1NN	32.9	<b>Look out for a marshal here.</b> Through the gate, onto the road and do a right turn, and about half a mile later you come to a T junction.
SK 198 719	T – Junction	33.4	Left turn heading uphill for Longstone Edge up Moore Road. Follow this up, and then follow it round to the right and over a cattle grid as the gradient levels out. Walk along the road until it bends sharply to the left – keep on walking 50m. <b>Look out for a marshal here.</b>
SK 205 732	Top of hill with High Rake on your right.	34.6	Take a right turn here along a broad dirty light coloured track (High rake) looking out for the bridleway 50m on your left. Take this – making sure that the stone wall is on your RIGHT. About 300m down continue through gate with tree on the left. Fence on left and stone wall on right – down hill. Past a circular water trough on your right. As you come down to the bottom ignore the first track on the right, carry on down to a (dilapidated?) metal gate.
SK 207 742	Through gate – turn right onto the track through the valley (Coombs Dale)		Through the gate, take the right turn so that you quickly see a small pond on your left going along a flat track through a valley. About 100m later you’ll go through another gate. Continue along this lane now for about 2 miles. At the end you’ll come to the A623 where you take a right turn to Calver.
SK 239 748	<a href="#">Calver BP petrol station S32 3XH</a>	37.7	At the cross-roads in Calver (Eyre Arms opposite and left) – continue over ( <b>there will be a marshal parked at the petrol station on your left</b> ) and then along the A623 headed as if to Baslow.
SK 247 744	Bridge over river	38.3	Half a mile or so later come to a green with trees in it where you bear off left, past Calver Mill on your left – cross the bridge. You’ll see a sign reading “CURBAR - please drive slowly” after this take left turn down Dukes Drive opposite the <a href="#">Bridge Inn</a> with river on your left – pick up footpath 250m later on your left. Follow path with the river on your left. Come to a road – cross it and continue along the path with the river on your left.

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SK 244 761	Froggatt	39.5	Path delivers you to a road – continue along this in the same direction ignoring the bridge over the river to your left. <b>Look out for a marshal here.</b> Continue up until the road bends round to the right – but you continue forward along the road now marked as a dead end. Continue along this and the road becomes a public footpath. Soon you'll have a stone wall either side of you. Through the metal gate with the wall on your right. About 50m later at the corner of the wall on your right veer right sticking to your path – heading for gateway through a stone wall. (If you arrive at a sign saying “no footpath” head back 50m to where you were and look again). Continue through this. Follow the path with the wall now on your left. Continue to Froggatt Woods.
SK 244 771	Froggatt Woods	40.1	At the boundary of Froggatt Woods is a gate – through this & follow the path through the woods – and then as you exit the woods you'll see a fence-line tapering in from your right and a wall on your left. Continue through the stile. Follow the wall along until you can cross the stream on your left. Head diagonally across the field towards a building opposite.
SK 245 778	Grindleford	40.6	Hit the road and turn right along this road: sign-posted station. Continue up the hill, past the <a href="#">Maynard Arms</a> , past Grindleford station, heading for Fox House. (Up up up!)
SK 258 799	Footpath meets B6521	42.2	Follow the road to the top and turn right bringing you now to the <a href="#">Fox House Inn</a> . <b>Bacon or egg butties here!</b> Follow the road round to the left as if headed for Sheffield.
SK 266 802	<a href="#">The Fox House Inn S11 7TY</a>	43	Continue along the A6187 - 500m from the pub turn left onto the Houndkirk Trail.
SK 291 837	Meet the road – <a href="#">Norfolk Arms Pub S11 7TS</a>	46.3	At the Norfolk Arms pub take a right turn and pick up the footpath on the left about 100m down. <b>Take extreme care – this can be icy!</b>
SK 293 837			Turn left onto the foot path between fences, down the hill about 500m to Clough Lane – a gravelly minor road.
SK 292 844	Clough Lane		Turn right along this road, and then about 400m later you will meet another minor road, continue along this to the end where you do a left turn onto Woodcliffe and then a quick right turn back onto a marked bridleway.
SK 298 848	Road, stream, path – hand rail along the stream – <b>any route will work so long as you can hear or see that stream!</b>		This bridleway will bring you out at the end of Brookhouse Hill (with <a href="#">Forge Dam Café</a> and playground 100m or so to your left). Walk on: resist the temptation to go on the swings, or down the slide! Immediately after Ivy Cottage Lane take the first footpath on the right that is nearest to the river, so that you walk with the river on your left. Carry on now for about 0.5 mile until you hit the road again (Whiteley Wood Rd), keeping the river on your left. When you get to the road, cross over and pick up the path now in the same direction, but so that the river is on your right. About 250m later, you cross Highcliffe/Hangingwater Rd and pick up the path in the same direction, but so that the river is now on your left again. The park is opening up now, with a wooded hill up to your right, and the river on your left. Follow along to the end where you will come to a mini-roundabout.
			At the mini-roundabout take the second exit along Oakbrook Rd with some nice big houses up to your left. Shortly you will come to a T Junction with Riverdale Rd – do a left turn here. Follow it round and up to the Fullwood Rd onto which you will take a left turn and then the first right turn after the church headed up Ranmoor Park Rd. Steep hill (sorry) up to Tapton Park Rd which brings you round to the right in a sharp bend. Opposite you will Darwin Lane – one last push. Up here, King Edward VII where you left your car is just up (second school) on the right.
	<a href="#">King Edward VII Lower Sch.</a>	50	We'll be here to meet you, shake your hand and tick you off as finished!

