



## Charity Challenge Events 2008

### Corporate Services

Take people out of their comfort zone, inject a sense of adventure, some fun and a little shot of perceived danger – and even complete strangers will bond together, united as a team. It's a very simple recipe and one we're good at.

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### Charity Challenges

From challenge treks in Snowdonia and Yorkshire to summiting North Africa's highest mountain in a long weekend, we are confident that our charity challenge events are varied and imaginative enough to meet your needs. We can help arrange as little or as much as you like keeping it as simple and as affordable as you prefer. We take pride that our challenges are:

- Genuinely challenging
- Achievable inside a weekend extending at most to 4 days
- Supported and open ended – thus allowing options for all abilities

#### **The Yorkshire Three Peaks – *The Classic Yorkshire Dales' Challenge Walk***

Walk Yorkshire's three highest peaks set within a 25Km route made all the more challenging with around 1000m of height gain. This challenge is ideal for all abilities since easy escape allows people to drop out at various points through the day. **Price per person: £65**

##### **Price includes:**

- Event support vehicle
- Walking group leaders per ten walkers
- Full risk assessment
- Full assistance with booking local accommodation

##### **Further Notes:**

- Ideal for all abilities
- Large groups (20+) easily catered for

#### **Marsden to Edale – *Tough Trans-Pennine Walk***

This is a twenty five mile trek crossing some of the Peak District's most treacherous terrain. Frequent road crossings allow the flexibility for the route to be cut short if need be: a support vehicle will be on call to pick up anyone struggling to do the distance. **Price per person: £70**

##### **Price includes:**

- Event support vehicle
- Transport to and from start and finish points
- Walking group leaders per ten walkers
- Full risk assessment
- Full assistance with booking local accommodation

##### **Further Notes:**

- Ideal for all abilities
- Large groups (20+) easily catered for

## **Jebel Toubkal – Morocco - North Africa's Highest Summit ... in one (long) weekend!**

Jebel Toubkal at 4167m is North Africa's highest mountain. It lies within Morocco's High Atlas and as such any trip to conquer this summit also offers an intoxicating mix of Arabian culture with an adventure that is both challenging and realistically achievable. The price for this is per person not including international flights as follows: Groups 10 - 19 = **£350** per person - Groups 20 - 40 = **£325** per person

The itinerary is as follows:

<b>Day</b>	<b>Activity</b>
Fri	Arrive Marrakech – transfers to hotel.
Sat	Drive out to Imlil (2.5 hours) in the High Atlas and commence day 1 of the trek to the Neltner Refuge. (6 hrs).
Sun	Summit day - Jebel Toubkal 4167m - North Africa's highest peak and return to Imlil. Total time for day = 8 – 10 hours. Return to Marrakech and hotel.
Mon	Transfers and flights home.

The price for this is per person not including international flights as follows:

Groups 10 - 19 = £350 per person

Groups 20 - 40 = £325 per person

This price includes:

- Qualified UK mountain leader
- Local mountain guide
- Expedition cook
- Two nights of hotel accommodation in Marrakech incl breakfasts
- One night in mountain refuge in the High Atlas
- All in-country transport
- Airport transfers\*
- Fully supported trek with mules to carry all baggage
- Free provision of crampons and walking axe
- Full risk assessment

\* Airport transfers are only available on days within the itinerary.

This price does not cover your meals when not on trek, such as when you are in Marrakech, nor will it cover any individual sightseeing undertaken, or massage in the hammam. Other items not included: travel insurance, passports, visas, inoculations, excess baggage, additional days in Marrakech due to flight delays, and items of personal nature such as drinks, souvenirs and laundry.

International flights can be arranged now through Easyjet, Ryanair, Atlas Blue and BA.

## **The Carrauntoohil Challenge – Nine of Ireland's highest mountains inside a day**

Within the MacGilly Cuddy's Reeks Ridge lie nine of the Irish 3000s – including its highest at 1039m: Carrauntoohil. These mountains have a delightfully remote and wild feel that lingers with all of Ireland's peaks. And as if that wasn't enough, completing this challenge will also take you through some of the best grade 1 [scrambling](#) you will find within the British Isles. (For those with a fear of heights – an easier direct walk up Carrauntoohil is offered). **Price per person: £240** (including two nights B&B and travel from Cork airport).

**Price includes:**

- Transport to and from start and finish points
- Mountain leaders per ten walkers (per five scramblers)
- Full risk assessment
- Two nights B&B

**Further Notes:**

- The full challenge is for fit walkers who have previous hill walking/mountain experience
- Scrambling requires walkers to have a steady head for heights

**The High Peaks Fifty – Peak District test of endurance**

This is a fifty mile walk that winds its way through some of the Peak District's most beautiful and enchanting scenery – from Sheffield to Bakewell ... and back! The challenge is to complete the route inside the space of one day! However 50 miles is only the target distance – wherever people need to stop they may do so and then be picked up and returned to the start point. **Price per person: £65**

**Price includes:**

- Event support vehicles
- Stage marshals
- Hot meal at 25 mile point
- Full risk assessment
- Full assistance with booking local accommodation

**Further Notes:**

- Ideal for all abilities
- Large groups (20+) easily catered for

**The Welsh 3000s – The King of Challenges – Snowdonia, Wales**

Fifteen Welsh Mountains spanning 34 miles, 14,000 feet of ascent and all inside ... 1 day. This is up there as possibly the toughest undertaking you'll ever sign up for – beware! Possibly it is also one of Britain's toughest 24 hour challenge walks requiring fitness, stamina and a certain kind of mindset: it makes the "Three Peaks" a mere training exercise for the boys. An alternative to make this slightly more palatable is to go light and attempt this over three days, staying at well placed youth hostels en-route – still a tough nut to crack nonetheless! **Price per person (one day challenge): £105**

Three day challenge including three nights B&B accommodation (Youth Hostel): **£240**

**Price includes:**

- Event support vehicle
- Transport to and from start and finish points
- Mountain leaders per five walkers
- Full risk assessment
- Full assistance with booking local accommodation

**Further Notes:**

- The one day challenge is for fit walkers who have previous hill walking/mountain experience
- The one day challenge starts with a night bivvying out on Snowdon – bivvy kit is provided – though sleeping bags and mats will be required
- Scrambling requires walkers to have a steady head for heights

**The Cairn Gorm 4000s - Scotland**

The Cairngorm 4000's: Trek five peaks in the remote Cairngorm mountain range of Eastern Scotland near Aviemore – Cairn Gorm, Ben Mac Dui, Braeriach, Cairntoul and Angel's Peak. A chair lift to our first summit will not take the edge from this mountain challenge which takes place over two days with one night of wild camping. Good fitness is required to carry yourself plus your kit over the distance and tough Scottish terrain. **Price per person: £115**

**Price includes:**

- Mountain leaders per five walkers
- Full risk assessment
- Full assistance with booking local accommodation

**Further Notes:**

- This is for fit walkers who have previous hill walking/mountain experience
- This challenge trek involves one night of wild camping – tents will be provided